



# Summit Report

Summit theme:

Let's Visualize the Change together



Participants of NYS 2013:



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## Foreword

National Youth Summit 2013 turned out to be exceptionally well attended and content rich event . It provided a wonderful opportunity to the Pakistani youth to understand various aspects of governance & leadership, rights & duties and the responsibility that rests on their shoulders. This three days gathering brought together around 250 distinguished young leaders, member of corporate and civil society organizations, development professionals, senior government officials, policy makers and representatives of regional development organizations



A number of interactive sessions and discussions held in the summit covered issues and challenges of youth , their engagement and positive participation from policy making to implementation level. We consider youth a rich resource that can play its crucial role for betterment of country, if guided properly. Thus, it became an opportunity to the delegates from different sectors to discuss the diversity of youth prospects on regional and national level. The overall engagement of participants and their enthusiasm also brought life and freshness of ideas to the event.

I take this opportunity to put across my earnest gratitude to all the speakers and panelists and officials for making this occasion memorable by generously sharing their unique experiences and knowledge to the participants. I must also acknowledge our sponsors and partners for their financial and technical support. I also present gratitude to the President of Azad Jammu & Kashmir Sardar Yaqoob Ahmed khan and his cabinet members for gracing the occasion with their presence. I would also like to appreciate ACT International's team in making the first ever summit a success through their dedication and commitment. Finally, I would also like to thank the delegates of the summit who maintained discipline and participated with full enthusiasm in the sessions.

This report is an attempt to give the readers a picture of the four day proceedings of the summit.

Happy Reading!

Mubashir Nabi

## Executive Summary

The three day National Youth Summit 2013, was an endeavor of ACT International with its partner organizations and Valley Trackers, which aimed to enhance leadership capacity, build confidence, introducing youth to the social challenges, ensure intercultural and interfaith harmony and provide an opportunity to network with the youth around the country. Hundreds of students aged 18 to 24 from across Pakistan participated in the event that was inaugurated by the President of AJK Sardar Yaqoob Khan.

The Summit encompassed twelve multi-dimensional sessions, addressed by leaders from various segments and professions, including political figures, youth leaders, and journalists, leaders from business community and mentors from leading corporations. President AJK Sardar Yaqoob Khan, President Muslim Conference Sardar Atique, Deputy Speaker of AJK Assembly Shaheen Kauser, Minister for Rehabilitation AJK Abdul Majid Khan, Minister for Industries and Commerce Chaudhry Akbar Ibrahim, and Shireen Fatima, Member Legislative Assembly Gilgit Baltistan also addressed the Summit.

The participants of NYS urged the government to provide youth with uniform education by reforming the public institutions improving the regulatory framework for the private sector educational institutions. They also asked for effective implementation of existing laws by reinforcing the judicial infrastructure in country from lower to higher court; meritocracy should be ensured within all segments of society.

The text of the resolution passed by the participants of the NYS is: "Government should announce youth emergency in Pakistan and ensure employment opportunities for the youth by reforming the public sector and improving the private sector pro-youth reforms within country; provide for uniformity in educational system and syllabus all around the country".

National Youth Summit was inaugurated by the President of AJK Sardar Yaqoob Khan on 14th February 2013. Sardar Muhammad Yaqoob Khan stressed the need for enhancing youth skills. He said that brain drain exists and could be further fuelled by the lack of opportunities for highly skilled graduates. The only way it would be reversed is, if Pakistan is seen as a "land of opportunity", he added.

Earlier, Mubashir Nabi the CEO of ACT International in his welcome address highlighted the objectives and importance of National Youth Summit. He thanked the President AJK Sardar Muhammad Yaqoob Khan for gracing the summit with his worthy presence.

National Youth Summit Team Leader Waqas Banoori, briefed the participants of summit on the Social Action Projects which will be the outcome of the summit. He highlighted that in Pakistan, around 63% of the population is concentrated below the age of 25 years while a significant portion of 55.53 (33.9%) of 186.76 million population is concentrated in the age range of 10-24 years old.

The summit continued for four days in the cold weather of Muzaffarabad city having hundreds of young people in its folds from different parts of the country. The Summit commenced on the second day with the ice breakers by the CEO of School of Leadership Umair Jaliawala injecting a vigorous spirit in the participants to set the tone of the day.

The first formal session of the day was aimed at 'Youth and Change', presided over by Midhat Shehzad, Joint Secretary at Ministry of Kashmir Affairs and Northern Areas. The main theme of her conversation revolved around the role of youth as 'managers' who catalyse and propagate change. Moreover, she called for a leadership that inculcates dynamism and positive vibrancy. Her speech was followed by questions from the audience.

The next session titled 'Dialoguing with Young People who have made a Difference' included Barrister Iftikhar Gillani and Dr Shahbaz Israr. The former is a member of the Legislative Assembly as well as an advocate of the Supreme Court, AJK. He started off with relating his own struggles as a young man to pursue his desire of studying law and then eventually settling down in AJK despite there being innumerable opportunities for him to seek better options within the country and abroad. He then stressed on the importance of a legal system as a guarantee of success, be it any country in any corner of the world. He further said that the youth are the real harbingers of a change in a society if they take decisions rationally instead of hot-headedness. He impressed upon them to vote in the elections, so that the 30% cannot take their will and implement their own vision in this country.

Dr Israr, although possessing a degree in medicine, prefers initiating activities centered on peace especially in the conflict zones of Pakistan. A project coordinator at Bargad, he assisted

the government of Khyber-Pakhtunkhwa to formulate youth policy of the province. His speech focused on youth taking the reins in their own hands rather than accusing the older generation of 'not doing enough' for them. He expressed the need for utilising the largely untapped potential of young people's capabilities through proper channels. The remaining session was spent in the speakers providing answers to the participants' questions.

The subsequent topic of discussion, 'The Power of Being Young', was chaired by AJK Minister of Rehabilitation Abdul Majid Khan. The session opened with Mr Majid recounting a heart-rending account of his personal losses in the 2005 earthquake that included him losing his entire family in the blink of an eye. His purpose of relating the event was to impress upon the audience his resolution to stay strong in the face of the adverse circumstances and rebuild everything with an iron will; thereby displaying the lengths that young people can go to once they set their mind to anything. He asked the youth to utilize their energies towards rebuilding the country, promoting intercultural harmony and peace initiatives at the grassroots level.

The Deputy Speaker of AJK Assembly Shaheen Kauser also came over to welcome the delegates of the National Youth Summit 2013. She thanked the organizers for arranging the summit in the city of Muzaffarabad, which is first of its kind in Azad Jammu and Kashmir. She urged the youth to work for common good in the country. She also stated the efforts of her government which includes the first women university in AJK and a medical college for the young people.

The next session was ACT: the first step towards change by the CEO of ACT International Mubashar Nabi. He spoke of the fact that the human are not able to decide their place of birth and subsequently the mother tongue, race, culture or belief. However, these things matter a lot in our lives. He said that the change is a continuous process, however, only attending the summits or making policies alone cannot resolve everything. He said that taking action is the most important thing to see the change. He urged the youth to promote action oriented activities instead of blaming alone.

The day ended with a cultural evening where the delegates wore their cultural dresses. A number of stalls were also displayed to show the different cultures of Pakistan. The Minister of youth, culture and sports AJK Saeed Butt came over to the event as a guest of honor. He appreciated the youth for coming over to Muzaffarabad with their cultural dresses and promote the cultural integration amongst themselves. The event ended with the music share where

music in different languages was played by the local musicians which included Bano Rehmat, Ali Rao and Azmat Khan.

After a satisfactory culmination of its opening day, the National Youth Summit 2013 moved forward with a marked difference in its schedule. While the previous day consisted of speakers' sessions and a cultural event, the second day's itinerary initiated with workshops on different subjects related to capacity building of youth.

There was no compulsion for all participants to attend all workshops; it was left to their inclinations to take part in whichever discussions they thought would serve them best. Three workshops at a time (there were two segments) were conducted with a maximum capacity of 65 participants in each. The duration for each was approximately 90 minutes.

One of the workshops in the first segment dealt with 'Entrepreneurship: A Road to Success'. The speaker urged the youth to promote entrepreneurship amongst them and work for prosperity of the country together. The other workshop discussed the process of making the change and how one can become a change maker. The third simultaneous workshop discussed the importance of self realization in success and the speaker urged the youth to come out of its bounds to play a role in the development of the country.

Another session in the second segment titled 'Developing Confidence' was considerably exciting and interactive. Conducted by Ms Asma Mustafa, a professional consultant and counselor, the session centered on the main aspects of the lack of confidence amongst many people. Indicators of low self-esteem were also discussed, followed by an activity that emphasized the need for building confidence in order to move on in life without hurting anyone's interests or rights. A session was also conducted on creativity where the youth was informed to come out of bounds to play a role for their selves and coming generations, and that creativity and arts should be accepted to promote cultural harmony and peace. Another workshop was held for volunteering to promote the spirit of selflessness amongst young people.

The youth went on to a city tour where they were taken to the legislative Assembly of AJK. The Deputy Speaker Shaheen Kauser Dar welcomed the youth on the arrival and had interactive discussion on the problems of Kashmir, the role of AJK government for the cause of Kashmiri people and the governance structure. The youth travelled to the city to see some parts of

Muzaffarabad later.

Former Prime Minister Sardar Attique Ahmed Khan also came over to the summit to welcome the young delegates from all over the country. He spoke to the youth on the issues related to governance in an interactive session. An informal session followed where youth was asked to prepare action plans for post-summit social action projects.

The evening dinner was held with the partners and sponsors of youth to thank the organizations who had sponsored or partnered in the arrangement of the National Youth Summit 2013 in Muzaffarabad.

During the seminar participants acquired knowledge and tools to strengthen the role they play with regards to youth cooperation and attain skills to develop the capacity of their organizations to act as civil society in the processes of development. Participants exchanged experiences and strategies to empower youth in Pakistan and to implement local actions that can achieve greater and better recognized representation on local, national and international level. One of the impact-oriented outcomes of the summit is the social action projects which every participant is supposed to complete before 1st July 2013. The projects have been designed during the summit, and a follow-up report shall be shared by the participants by the due date to be certified for their participation.

## Background

Youth is an imperative section of society, which plays a pivotal role in the economy for sustainable growth and overall progress of the country. An estimated 103 million Pakistanis, or 63% of the population, fall under the age of 25 years. The current demographic patterns of the state make the role of the upcoming generation vital. Youth in general and Pakistani youth in specific lacks guidance, vision and leadership. The most unfortunate dilemma of this charged youth is that they are unable to channelize their potential on individual and national level. They failed to get exposed to the world that could lead to a new era of modernization, opportunities and positive involvement. To address this growing frustration among youth, a national summit was planned to identify key problem areas, remedies for young people and future interventions. It served as platform for dialogue and developing a sense of a competence, usefulness, belonging and empowerment among young people

from across the country. Focusing on the strategies which can add to holistic development of assets and competencies in the participants was the one of agenda of this summit.

A proud and distinguished feature of this summit was creating a sense of cultural bonding and integration among the group as Pakistan has a rich cultural diversity as the society is largely multilingual, multi-ethnic and multicultural. A spirit of oneness was being created among the youth through cultural evening where all participants exhibited their respective culture by wearing regional dresses with its accessories like chappal ( footwear) chadar (stole) embroidered jackets and turbans etc. The music share session was able to let the young people listen to their regional melodies, and a number of participants become a part of it enthusiastically.

The summit brought 200 young individuals from different areas of Pakistan to the city of Muzaffarabad for a four-day event, which was addressed by Government Officials, dignitaries from development and corporate sector, Media personnel and inspiring young leaders making a difference at national and International level..

## What persuade us?

“Youth are valuable resources to invest in, and not problems to be solved”

Youth in Pakistan is on weak footing to deal with the challenges of an evolving competitive environment across the globe. For young people to thrive, especially those who are most vulnerable, they need a network of resources to kick off their professional career. Adolescents want to develop their capacities, but they need opportunities and appropriate adult involvement and guidance to do so. ACT International considers youth as a special resource not because the demographic bonus of the youth bulge, but also its inert energy that it possesses for rapid recovery, reconstruction and sustainable development of the country which is fighting many wars on ethnic and racial basis. The core rationale of this event was to build understanding of government, philanthropy and corporate sector to create opportunities to put young people back on track in a dynamic and advancing economy to ensure their success through building confidence, inculcating responsibility & providing them an avenue to raise their voices.

National Youth Summit also provided an opportunity to the young people to understand complex local, national and global issues. It was a platform which gave them confidence and motivation to take their destiny into their own hands by realizing and utilizing their potential in a constructive way. This summit gave an insight to young leaders to realize the worth of being young and sense of belonging to their homeland so that they can utilize their potential in a productive way. This platform was arranged with a vision that it could be a launching pad of the future leaders aspiring to become active citizens and want to play their role in changing the destiny of people living around them.

## Mission of the Summit

The mission of this summit is:

- To prepare a feasible policy for economic, political and social empowerment of the youth and make them aware of their rights, entitlements and responsibilities
- To promote cultural and traditional activities of different regions of Pakistan
- To address the problems of youth and work for their capacity-building, self-esteem, civic sense & patriotism
- To expand and strengthen social bonding amongst youth
- To encourage youth to present their point of view regarding the Kashmir dispute & promote regional peace and harmony



## Objectives of the Summit

National Youth Summit 2013 served as an intellectual platform, bringing together the youth from different areas of Pakistan and creating an inductive space for dialogue and constructive actions to ensure beneficial future of youth. Additionally, the event has the potential to direct global attention to Kashmir cause as well. Main objectives of the summit are as follows:

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- To create and enjoy the power of oneness as a nation with respecting diversity
- Take personal responsibility for exercising leadership
- Develop an awareness of social needs and issues
- Create self-esteem and groom their personalities
- Cultivate an understanding and appreciation of multi-culturalism
- Install a passion for community servicen to protect the environment without compromising the needs, wants and expectation of those who inhabit the globe
- Providing youth a launching pad for better networking and supportive system for sharing information and services
- Empower and emancipation of youngsters who want to bring their potential in use for national interest.



## Day I

### Inaugural Session:

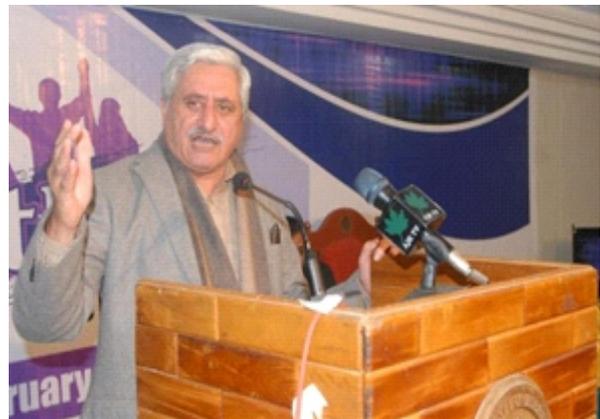
National Youth Summit 2013 was inaugurated by the President of Azad Jammu & Kashmir Sardar Yaqoob Khan. The members of the cabinet and other dignitaries also attended the inauguration ceremony.

President Khan stressed the need for enhancing youth skills. he said that brain drain exists and could be further fueled by the lack of opportunities for highly skilled graduates. The only way it would be reversed is if Pakistan is seen as a "land of opportunity", he added.

President Khan said that Pakistan is currently having a youth population of more than 100 million, who are aged under 24. He added that the youth can be an asset for the country if they are converted into human resource and they can also be an engine for economic development of Pakistan; however, he also stressed that they can become a liability if their skills and knowledge are not developed.

President of AJK insisted that youth is our future and it is vital to invest our best resources to make the youth segment grow and groom in a positive environment so that tomorrow we can reap a good harvest.

Earlier, Mubashir Nabi the CEO of ACT International in his welcome address highlighted the objectives and importance of National Youth Summit.



National Youth Summit Team Leader Waqas Banoori, briefed the participants of summit on the Social Action Projects which is an outcome of the summit.

The inaugural session was also attended by Abdul Majid Khan, Minister for Rehabilitation AJK, Chaudhry Akbar Ibrahim, Minister for Industries and Commerce and Shireen Fatima, Member Legislative Assembly Gilgit Baltistan.

The national anthem of Azad Jammu and Kashmir was also played that came as a surprise to most of the participants resulting in a thought provoking discussion on the structure of the state and its constituency.

## Our Martyrs our Pride:

As part of the inaugural of the summit, prayers were offered for Afzal Guru, the martyred Kashmiri in Indian occupied Kashmir. The summit participants also held candlelight vigil for the slain Kashmiri Muslim.

A common voice existed for the resolution of the Kashmir dispute according to the wishes of the Kashmiri people. The participants were hopeful that peace and harmony would prevail in the region by the time they take the reins, and that the disputes shall be resolved amicably without any further bloodshed.

A hope for peace within Pakistan was also shown by the participants of the National Youth Summit 2013. The participants also discussed the opportunities of tourism within the region and its scope in the economic development of the regional communities.

The session ended with a pledge from the participants through an oath for the development and uplift of the country, and to stay faithful to their motherland.



## Day II.

National Youth Summit 2013 continued on the second day with the same fervor in the cold weather of Muzaffarabad. The summit commenced with the ice breakers by the CEO of School of Leadership Umair Jaliawala injecting a vigorous spirit in the participants to set the tone of the day.



The first formal session of the day was aimed at



'Youth and Change', presided

over by Midhat Shehzad, Joint Secretary at Ministry of Kashmir Affairs and Northern Areas. The main theme of her conversation revolved around the role of youth as 'managers' who catalyse and propagate change. Moreover, she called for a leadership that inculcates dynamism and positive vibrancy.

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The next session titled 'Dialoguing with Young People



He further said that the youth are the real harbingers of a change in a society if they take decisions rationally instead of hot-headedness. He impressed upon them to vote in the elections, so that the 30% cannot take their will and implement their own vision in this country.

Dr Israr, although possessing a degree in medicine, prefers initiating activities centered on peace especially in the conflict zones of Pakistan. A project coordinator at Bargad, he assisted the government of Khyber-Pakhtunkhwa to formulate youth policy of the province. His speech focused on youth taking the reins in their own hands rather than accusing the older generation of 'not doing enough' for them. He expressed the need for utilising the largely untapped potential of young people's capabilities through proper channels. The remaining session was spent in the speakers providing answers to the participants' questions.

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intercultural harmony and peace initiatives at the grassroots level.

The Deputy Speaker of AJK Assembly Shaheen Kauser also came over to welcome the delegates of the National Youth Summit 2013. She thanked the organizers for arranging the summit in the city of Muzaffarabad, which is first of its kind in Azad Jammu and Kashmir. She urged the youth to work for common good in the country. She also stated the

efforts of her government which includes the first women university in AJK and a medical

college for the young people.

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The day ended with a cultural evening where the delegates wore their cultural dresses. A number of stalls were also displayed to show the different cultures of Pakistan.

In cultural evening the participants dressed in their regional outfits along with other traditional accessories including gems, necklaces, pendants, bracelets or shoes even. The minister for youth, culture and sports Saleem Butt came over to welcome the young people from various parts of the country in the event.

The event further proceeded with a display of traditional items from various parts of the country. Participants from Gilgit-Baltistan, Kashmir, Punjab, Sindh, Balochistan and Khyber Pakhtunkhwa hosted the stalls adding the traditional spirit and raise the air of traditions with their dresses, traditional items and cultural exquisiteness in Pakistan and AJK. The event linked up to the music share segment which brought in different regional musicians to play the regional tunes for participants of the National Youth Summit.



The music share segment was taken up by Ali Rao, a young singer and guitarist from Lahore.

Bano Rehmat, a teenage Kashmiri singer who can sing various regional songs in different languages also joined the summit to display her talent. A number of other local Kashmiri bands also joined to sing the songs of the region to the youth from different parts of Pakistan and AJK.

Participants of the summit also participated for making this event more colorful. A number of activities became a part of the evening which included various stand ups, dramatics etc.



## Day III

After a satisfactory culmination of its second day, the National Youth Summit 2013 moved forward with a marked difference in its schedule. While the previous day consisted of speakers' sessions and a cultural event, the third day's itinerary initiated with workshops on different subjects related to capacity building of youth.

The participants were left to their inclinations to take part in workshop which discusses the subject that would serve them best. Three workshops at a time (there were two segments) were conducted with a maximum capacity of 65 participants in each. The duration for each workshop was approximately 90 minutes.

One of the workshops in the first segment dealt with 'Entrepreneurship: A Road to Success'. The speaker urged the youth to promote entrepreneurship amongst them and work for prosperity of the country together. The other workshop discussed the process of making the change and how one can become a change maker. The third simultaneous workshop discussed the importance of self realization in success and the speaker urged the youth to come out of its bounds to play a role in the development of the country.

Another session in the second segment titled 'Developing Confidence' was considerably exciting and interactive. Conducted by Ms Asma Mustafa, a professional consultant and counselor, the session centered on the main aspects of the lack of confidence amongst many people. Indicators of low self-esteem were also discussed, followed by an activity that emphasized the need for building confidence in order to move on in life without hurting anyone's interests or rights. A session was also conducted on creativity where the youth was informed to come out of bounds to play a role for their selves and their coming generations, and that creativity and arts should be accepted to promote cultural harmony and peace. Another workshop was held for volunteering to promote the spirit of selflessness amongst young people.

The youth went on to a tour where they were taken to the legislative Assembly of Azad Jammu & Kashmir. The Deputy Speaker Shaheen Kauser Dar welcomed the youth on the arrival and had interactive discussion on the problems of Kashmir, the role of AJK government for the

cause of Kashmiri people and the governance structure. The youth travelled to the city to see some parts of Muzaffarabad later.

Former Prime Minister Sardar Attique Ahmed Khan also came over to the summit to welcome the young delegates from all over the country. He spoke to the youth on the issues related to governance in an interactive session. An informal session followed where youth was asked to prepare action plans for post-summit social action projects.

The evening dinner was held with the partners and sponsors of youth to thank the organizations who had sponsored or partnered in the arrangement of the National Youth Summit 2013 in Muzaffarabad.

## Workshop Sessions:

The workshop sessions were divided into six different subjects related to capacity building of youth. There was no compulsion for participants to attend all workshops; it was left to their choice to take part in the discussions they thought would serve them best. Three workshops at a time (there were two segments) were conducted with a maximum capacity of 65 participants in each. The duration for each was approximately 90 minutes. Participants very enthusiastically and actively participated in these sessions. At the end of every session, questions were



asked by the delegates that made the sessions more interactive and engaging. All the participants of National Youth Summit 2013 were given motivation and confidence by delivering sessions. Every session had a success story in that which inspired the young lotparticipants and gave them a confidence to set a new aspiration in routine and socialtheir livesfe. All the participants were delivered workshopsWorkshops were delivered on about gaining confidence building, creativity, volunteering, entrepreneurship and about being a

change maker. The confidence and motivation level of the participants young lot was brought to an extent that they can manage to work for a tangible change in their community.

## Entrepreneurship: A Road to Success

Shabir Khan is a young Entrepreneur and Business professional with a diversified experience of around seven years in managing and promoting businesses of different kinds. Apart from running his own enterprise, Mr. Khan is also involved in providing consultancy services to startups and running businesses translating their aspirations into tangible business gains.



Workshop on entrepreneurship was conducted in which the speaker urged the youth to promote entrepreneurship amongst them and work for prosperity of the country together. While sharing the basics of entrepreneurship and what are the essential differences between the entrepreneur quadrants i.e employment, business, self-employment, and investment. He explained the opportunities in relation to entrepreneurial start-ups and their long term impact on the lives of people; motivating the participants to taken the initial steps towards innovative beginnings which can alter the lives of people around them and themselves too. Speaker also shared the experiences from his personal life.

## How to become a change-maker?

Astma Mustafa Khan is a trainer OD consultant and Trainer. She has been a LIFE COACH on AAJ TV's Morning Show "Kiran aur George". She did her M.Sc in Management of Training and Development from University of Edinburgh, Scotland. Asma is a certified trainer of School



The workshop discussed the process of making the change and how one can become a change maker. All young leaders were asked to think about the process of change, and consider an unusual scenario of change and discuss amongst them the opportunities of change. They were briefed upon their abilities and likely challenges in relation to becoming a change-maker; yet the significance of bringing in the change. The speaker said change is not something that comes from outside rather it's our inner self that brings it. Participants were made to do various activities to realize that it's the way we look at things that can alter things from minor to major, and that is all what change is about i-e the way we look at things should be changed and they should be from different angels so that positivity can be achieved.

## Self-Realization: Know thyself

Rab Nawaz is a social activist and blogger and Editor in Chief of monthly youth magazine The Laaltain. He is also an Echenberg Human Rights fellow at McGill University, Canada. As part of Khudi Pakistan, he has been travelled all across the Pakistan, training and mobilizing the youth for grass root democratic transformation.



Mr. Rabnawaz discussed the importance of self-realization in success and the speaker explained the Maslow hierarchy of self-realization. He urged the youth to come out of their shell/comfort zone and play a role in the development of the country. The youth were told to first know themselves to prepare for the challenges of life ahead. They were asked to find out their inner thoughts, to visualize them and to see the things differently. It's the imagination and its power that can create and build mindsets for new goals and expectations.

## Developing confidence: the way to live

Asthma Mustafa Khan is a trainer OD consultant and Trainer. She has been a LIFE COACH on AAJ TV's Morning Show "Kiran aur George". She did her M.Sc in Management of Training and Development from University of Edinburgh, Scotland. Asma is a certified trainer of School



Developing Confidence' was considerably an exciting and interactive session. Conducted by Asma Mustafa, a professional consultant and counselor, the session centered on the main aspects of the lack of confidence amongst many young people.

Indicators of low self-esteem were also discussed, followed by an activity that emphasized the need for building confidence in order to move on in life without hurting anyone's interests or rights.

Umair Jaffer is a founder /CEO of Institute of Preservation of Art and Culture (IPAC). IPAC works for preservation and Promotion of traditional art forms of Pakistan. Umair's passion is to reintroduce these art forms to a newer and wider assortment of audiences. He hopes to cultivate a younger generation of enthusiasts who will play a role in preservation of culture and heritage of Pakistan.



## Creativity:

Session conducted on creativity by Umair Jaffer revolved around on encouraging the participants to come out of bounds to play a role for themselves and the coming generations, and that creativity and arts should be accepted to promote cultural harmony and peace. They were taken on to practical exercises which included visualizing the future via meditation saying their heart out or pen it down as well as dancing out on the tunes to remove the stress.

He made them channelize their inner voice by connecting to it and knowing the reason for human existence. Making it easy for them to give a voice to their feelings and whatever there was in their heart in the form of stress. He made them turn their lens towards the happenings of life and look at things with a new and creative perspective.

He said humans are structured in a manner that they can channel their positive energy and get rid of their negative vibes and shared examples with the participants about transforming

thoughts in a positive way and sharing the same with rest of the world with innovative ways.

## Spirit of Volunteerism

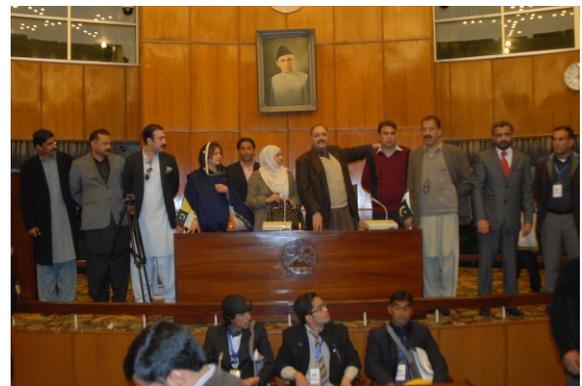
Wasma is working with many NGOs for the past many years. She has received the "Best Volunteer Award, 2011" and "Best Volunteer Award, 2012" from Bargad, organization for youth development. She led a group of 50 students under the Government of Punjab's Dengue Campaign and was invited to be a part of consultative meetings for 'Youth Policy of Punjab'.



This workshop was held to promote volunteering and the spirit of selflessness amongst young people. The session took on the experiences of a young volunteer who had been involved in a number of volunteering activities. The speaker informed the participants about the concept of right holder and duty bearer, and the fact that volunteering is one of the key aspects of success in the future life

## Tour of the AJK legislative Assembly

Participants went on to a city tour where they were taken to the legislative Assembly of AJK. The Deputy Speaker Shaheen Kauser Dar welcomed the youth and had an interactive discussion on the problems of Kashmir, the role of AJK government for the cause of Kashmiri people and the governance structure. The hierarchy of AJK assembly, office bearers and ministries under AJK government was shared with the participants. They were also told about the first Prime Minister and President of AJK and the following Prime Ministers and Presidents of AJK till now. Some participants were astonished to know about the



separate system of government of AJK.

All the participants were oriented about the fact that there is a separate interim act to execute government known as Interim Act 74 rather than 1973s constitution of Pakistan. Miss Dar told the participants that independent decisions and legislations are made for the state issues and problems. All the participants interacted with other Ministers as well and asked them about their respective departments.



## A Perspective on Governance

Former Prime Minister of AJK, Sardar Attique Ahmed Khan took over the session of governance to explain the subject to the young participants of the summit. He conducted an interactive session with the youth from all over Pakistan, and answered various questions during his session.

He said that youth has played a vital role in the freedom movement and struggle that made it possible to attain Azad Jammu and Kashmir after the British rule. He said that AJK presents the best model of cultural, regional and religious harmony in South Asia. He added that its only negotiation and dialogue that can make things happen in the best possible way, as negotiation creates a win-win situation for both the parties and all the issues of today's world that either have been resolved or are in process of it are resolved with negotiation.



Mr. Khan stated that structure and arrangement of political parties as well as the government and opposition in the parliament are the key elements for its functioning. He elaborated critics/opposition and media are the eyes of government and whereas governing party is the head of the state and nation is its body.

No one should interfere in anyone's role, success and progress is only possible if all of the parts work on their own defined grounds and lines. He added that facilitation is the key requisite of everything instead of any negative act. Sardar Attique Ahmed Khan said that for good governance one has to take steps for resource mobilization, it is the combine efforts of the people and the policy-makers in the region to make a welfare state.

## Discussion: Social Action Projects

In an informal session, participants were asked to prepare action plans for post-summit social action projects. During the summit, participants had acquired knowledge and tools to strengthen the role they play with regards to youth cooperation and skills to develop the capacity of their organizations to act as civil society in the processes of development. Participants exchanged experiences and strategies to empower youth in Pakistan and to implement these socialaction projects that can achieve greater and better recognized representation on local, national and international level. While designing impact-oriented outcomes of the summit, youth desinged thesocial action projects that every participant agreed to complete before 1st July 2013. A follow-up to the commitments made in the summit to be reported by the participants for the their certification

An informal session followed where participants were asked to prepare action plans for post-summit social action projects. During the summit, participants had acquired knowledge and tools to strengthen the role they will be playing in relation to youth cooperation and skills to develop the capacity of their organizations to act as civil society in the processes of development. Participants exchanged experiences and strategies to empower youth in Pakistan and to implement local actions that can achieve greater and better recognized representation on local, national and international level. Designing impact-oriented outcomes of the summit, participants decided social action projects which every participant is supposed to complete before 1st July 2013. The projects were designed during the session, and a follow-up report shall be shared by the participants by the due date to be certified for their participation in the summit.

Some of the significant projects from different geographical areas are annexed in this report to share the impact of the summit.

## Day IV

The last day of the summit began with a motivational session. The participants were engaged to finally draft and present the resolution of the summit in order to bring in a single voice of the young people.

### Joining hands for change together

Joining hands for change was a motivational session to create the team building skills in the participants and calling for enthusiasm and stepping up for change together. The session brought in quotes and words, experiences and thoughts and words of wisdom to become a change-maker. The participants were asked to pack the bags, fold the sleeves and come in the line to work for the cause they choose, and move on to build on their lives better and to work for their communities. This session was to make the young people/participants of the summit to come out of their comfort zones and work towards change.



### Drafting the NYS' 13 Resolution

The four-day summit came up with a resolution asking the government to impose a youth emergency in Pakistan, conduct pro-youth reforms for job creation and bring uniformity in educational system and the syllabus all across the country with immediate effect to enable the young people handle the challenges of the future. The demand was made through a voted resolution. The following is the text passed by the NYS' 13 participants:

“Government should announce youth emergency in Pakistan and ensure employment opportunities for youth by reforming the public sector and improving the private sector, introduce pro-youth reforms within country; provide for uniformity in educational system and syllabus all around the country.”

## Social Action Projects

Project Name	Project Description	Project Implementation/Area
Guardian Council	Fund Raising Connection with students of colleges and universities	Muzaffarabad
Project Name	Project Description	Project Implementation/Area
Saan Helpers	Blood provision to poor and needy thelesemia Patients	AJK
Project Name	Project Description	Project Implementation/Area
Clean as you go	Creating intervention by going to public areas Awareness and Creation of clean environment	Islamabad
Project Name	Project Description	Project Implementation/Area
Hygienic Promotion	Cleaning the environment for betterment	Hattian District/AJK
Project Name	Project Description	Project Implementation/Area
Strengthening Democratic Government of 2013	Creating awareness about voting importance and system	KPK
Project Name	Project Description	Project Implementation/Area
Spreading smile	Primary education for girls, books distribution-teacher training, special fund raising for gift vouchers for-Students with excellent educational record	Upper Chattar, Muzaffarabad,AJK
Project Name	Project Description	Project Implementation/Area
–	Awareness program about the educational opportunities-Farzana Naz with in the state and region Rahmat Khan	Chitral
Project Name	Project Description	Project Implementation/Area
Networking for social coordination	Need Assessment Awareness School Campaigns Workshops	Sindh/Karachi
Project Name	Project Description	Project Implementation/Area
Women awareness and Women Empowerment	Establishment of vocational training schools training them under the supervision of trainers and-Professionals	Muzaffarabad

Project Name	Project Description	Project Implementation/Area
Grow up youth	Awareness Campaign via print and electronic media Seminars and conferences	Kohat
Project Name	Project Description	Project Implementation/Area
Say no to bullying	Seminars on local level	Muzaffarabad
Project Name	Project Description	Project Implementation/Area
Power of individuals	Increase in expected rate of vote casting. Knowledge about their rights Awareness in terms of law and rights Sessions will be conducted and quality of the- sessions will be evaluated at the end of the session by the participants feedback	Lahore
Project Name	Project Description	Project Implementation/Area
Human Right Protection	Raising voice against the human rights violation Awareness campaign for human right protection	Hyderabad
Project Name	Project Description	Project Implementation/Area
Healthy Twin City	Research work on water samples collection putting them in front of CDA	Islamabad/Rawalpindi
Project Name	Project Description	Project Implementation/Area
Lack of technology and Media	Short programs and drama Telecasting them on television channels	Muzaffarabad
Project Name	Project Description	Project Implementation/Area
Hygienic Promotion	Awareness amongst people by session and workshops	District Hattian Bala
Project Name	Project Description	Project Implementation/Area
Blood Bank Of Youth	To get blood donations	Kotli
Project Name	Project Description	Project Implementation/Area
Child/Sexual Abuse	Awareness sessions in schools, street children orphan Clarify the difference between good touch and bad touch Make them aware of their sexual rights	Abbottabad
Project Name	Project Description	Project Implementation/Area
Elimination of pollution	Formation of organizations in SUC's of Quetta Conduct ten meetings with responsible people Field Visits and ensuring the action by municipality	Baluchistan

Project Name	Project Description	Project Implementation/Area
Artists-igniters of change	Fund RaisingPaint messages on walls with wall chalking	Bhimber

Project Name	Project Description	Project Implementation/Area
Sheesha	Sessions with parents Schools awareness campaign	

Project Name	Project Description	Project Implementation/Area
Job opportunities for disabled people	Raising voice for getting full opportunities for special people	Muzaffarabad

Project Name	Project Description	Project Implementation/Area
Basic educational awareness	Sessions and workshops creating awareness amongst youth	Muzaffarabad

Project Name	Project Description	Project Implementation/Area
Promotion and improvement of Mass Media	Collaboration of youth with National Television Awareness session about the need of mass mediaTV programs on youth issues	Muzaffarabad

Project Name	Project Description	Project Implementation/Area
Civic Education	Seminars and workshops	AJK

Project Name	Project Description	Project Implementation/Area
Education at primary level	capacity building of education at primary level	Bhimber/AJK

## Lead Partner



Valley Trackers is the premier public-private firm of AJK Tourism Department and Ministry of Tourism, Government of AJK, registered in Azad Kashmir for the promotion of tourism and adventure sports along with recreational events for youth.

## Our Partners



Human Resource Learning Centre - HRLC is a dedicated organization providing services to international and national organization in the areas of human resource development, research, monitoring and evaluation, system development training and capacity building and offer customized solutions.



BARGAD is youth led and youth focused organization working for youth development in Pakistan.

## Our Partners



Plan International is an international non-profit, child focused community development organization without religious, political or governmental affiliation.



Hashoo Foundation (HF) is progressive and dynamic non-profit organization, leading the way in human development and poverty alleviation by implementing viable economic development, educational and capacity-building programs in Pakistan since 1988.



Northern Areas Welfare & Development Organization is a not for profit establishment and an indigenous initiative of Socially Motivated & Welfare-oriented people of well exposure from Gilgit-Baltistan.



AZAT FOUNDATION is a not for profit organization, established in 2003 by a group of young development Professionals, human rights activists, researchers, media professionals and political activists.

## Our Partners



The Organization was established in 1989 by a group of progressive women in a local community of Quetta City in Balochistan and was registered in 1991 as a CBO in voluntary organization' Social welfare Ordinance 1961 with the name of "Tanzeem-e-Khawateen" Idara-e-Bahali-e-Mustehqem.



Sindh Agriculture and Forestry Workers Coordinating Organization (SAFWCO), started its development journey from a small initiative in 1986 by a group of five social activists led by Mr. Suleman G. Abro. Concerned about depleting sources of livelihood and employment, increasing poverty and social deprivation in rural Sindh and propelled by its own vision of sustainable, equitable and just society, Safwco initiated a process of social mobilization in District Sanghar initially.



Youth Organization is a right based, Non-Government and Non-Profit Organization, established in 1991.



Saving Future (SF) is an aim. it is a movement that create opportunities and platforms for women and young generation to in calculate the hard life so that they can be Educated, Healthier and Economically powerful.

## Our Partners



Building Advance Society through Integrated Community (BASIC) Development Foundation started its development journey from a small initiative, launched by a group of devoted young and energetic social activists of small village located in Tehsil Mehar District Dadu, Sind Province.



Awareness on Human rights, Social Development and Action Society (AHSAS-PK) is a not-for profit, non-aligned and non-governmental organization that informally came into existence in jan, 2000.



Baluchistan Social Development Program(BSDP) is a "no-Profit", non-politica, non-ethnicl, non-governmental registered organization.



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